



NYS Apples

May


2025 K-5



Breakfast

Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Wrap	2 Breakfast Pizza
			4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Chocolate Chip Muffin w/4oz Yogurt	6 Croissant Sandwich w/Egg, Cheese and Ham	7 Buttered Bagel	8 Breakfast Wrap	9 French Toast Sticks w/Syrup
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Chocolate Chip Muffin w/4oz Yogurt	13 Croissant Sandwich w/Egg, Cheese and Ham	14 Buttered Bagel	15 Breakfast Wrap	16 Pancakes w/Syrup
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
19 Chocolate Chip Muffin w/4oz Yogurt	20 Croissant Sandwich w/Egg, Cheese and Ham	21 Buttered Bagel	22 Breakfast Wrap	23 French Toast Sticks w/Syrup
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26 Happy Memorial Day! <small>Memorial Day</small> 	27 Croissant Sandwich w/Egg, Cheese and Ham	28 Buttered Bagel	29 Breakfast Wrap	30 Chocolate Chip Muffin w/4oz Yogurt
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NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org.
Additionally, ingredient and nutritional information is available upon request

**Students Receive
Free Breakfast**